

ESERCIZI DI RITMICA LIVELLO 1

Esercizi in plettro alternato in Swing

Esercizi con figure uguali ripetute per ogni rigo
Trascrizione con terzine e con Swing feel



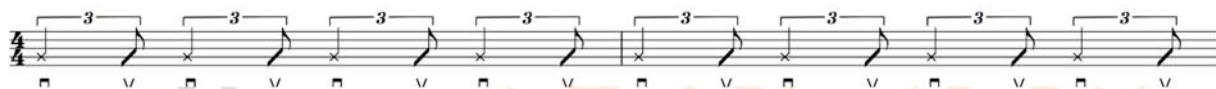
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Ripetere a lungo ogni rigo poi passare al successivo.

Queste combinazioni sono solo degli esempi. Esercitarsi creando nuove combinazioni.

Esercizi con figure uguali ripetute per ogni rigo
Trascrizione solo con Swing feel

Legend: $\text{Quarter Note} = \text{Triplet of Eighth Notes}$

Staff 1: x V x V x V x V | x V x V x V x V

Staff 2: x V x V x V x V | x V x V x V x V

Staff 3: x V x V x V x V | x V x V x V x V

Staff 4: x V x V x V x V | x V x V x V x V

Staff 5: x V x V x V x V | x V x V x V x V

Staff 6: x V x V x V x V | x V x V x V x V

Staff 7: x V x V x V x V | x V x V x V x V

Ripetere a lungo ogni rigo poi passare al successivo.
Queste combinazioni sono solo degli esempi. Esercitarsi creando nuove combinazioni.

Esercizio con figure combinate e legature di valore

The exercise consists of six staves of music in 4/4 time. Each staff contains a sequence of rhythmic patterns using eighth notes and rests. The patterns are as follows:

- Staff 1: Quarter note, eighth note, eighth rest, quarter note, eighth note, eighth rest, quarter note, eighth note, eighth rest, quarter note, eighth note, eighth rest, quarter note, eighth note, eighth rest, quarter note, eighth note, eighth rest. (Total 16 beats)
- Staff 2: Quarter note, eighth note, eighth rest, quarter note, eighth note, eighth rest, quarter note, eighth note, eighth rest, quarter note, eighth note, eighth rest, quarter note, eighth note, eighth rest, quarter note, eighth note, eighth rest. (Total 16 beats)
- Staff 3: Quarter note, eighth note, eighth rest, quarter note, eighth note, eighth rest, quarter note, eighth note, eighth rest, quarter note, eighth note, eighth rest, quarter note, eighth note, eighth rest, quarter note, eighth note, eighth rest. (Total 16 beats)
- Staff 4: Quarter note, eighth note, eighth rest, quarter note, eighth note, eighth rest, quarter note, eighth note, eighth rest, quarter note, eighth note, eighth rest, quarter note, eighth note, eighth rest, quarter note, eighth note, eighth rest. (Total 16 beats)
- Staff 5: Quarter note, eighth note, eighth rest, quarter note, eighth note, eighth rest, quarter note, eighth note, eighth rest, quarter note, eighth note, eighth rest, quarter note, eighth note, eighth rest, quarter note, eighth note, eighth rest. (Total 16 beats)
- Staff 6: Quarter note, eighth note, eighth rest, quarter note, eighth note, eighth rest, quarter note, eighth note, eighth rest, quarter note, eighth note, eighth rest, quarter note, eighth note, eighth rest, quarter note, eighth note, eighth rest. (Total 16 beats)

Ripetere a lungo ogni rigo poi passare al successivo.

Queste combinazioni sono solo degli esempi. Esercitarsi creando nuove combinazioni.